

## Helping with reading: ages 5 to 7



### How to encourage your child to read

**Read yourself!** Set a good example by sharing your reading. Let your children see that you value books and keep them at home.

**Keep books safe.** Make your child their own special place to keep their books. Show them how to turn pages carefully.

**Point out words all around you.** Help your child to read the words around them: on food packets in the supermarket, on buses, in newspapers, in recipes.

**Visit your library** – it's free to join! All libraries have children's sections. Many also have regular storytelling sessions.

**Make time to read.** Read a bedtime story with your child every night. Encourage them to share reading with grandparents, brothers and sisters and aunts and uncles.

**Keep in touch with school.** Make sure your child swaps their home reading books regularly at school and try to make a regular time slot of about 10 minutes to hear them read.

**If English is not your family's first language:** You can buy dual language books. You can talk about books and stories in any language.

### How to help with reading

**Be positive.** Praise your child for trying hard at their reading. Let them know it's all right to make mistakes.

**Turn off the TV!** It's easier for your child to concentrate if there are no distractions.

**Give them time.** Let them make a guess before you tell them the word. Help them to get the first sound or try breaking the word up into smaller sections.

**Point with a finger.** Encourage them to follow the words with their finger.

**Don't make them try too hard!** It doesn't matter if you have to tell them the word sometimes.

**Let them read their favourites.** It's good practice to read the same books over and over again.

**Ask lots of questions.** Check they understand the story by asking them questions about what happens. Use the pictures to explain what's happening.

**Don't read for too long.** A good ten minutes is better than a difficult half hour.

### Activities to try at home

Organise a treasure hunt around the house on a rainy day. Give your child a list of things that they can find in the house and see how quickly they can collect all the items.

Create a monster dictionary by making up names of frightening monsters that begin with different letters of the alphabet. Ask your child to draw a picture of each one.